

PLAY

... The Kingdom and the 3rd Space

Tim and Annie Forester

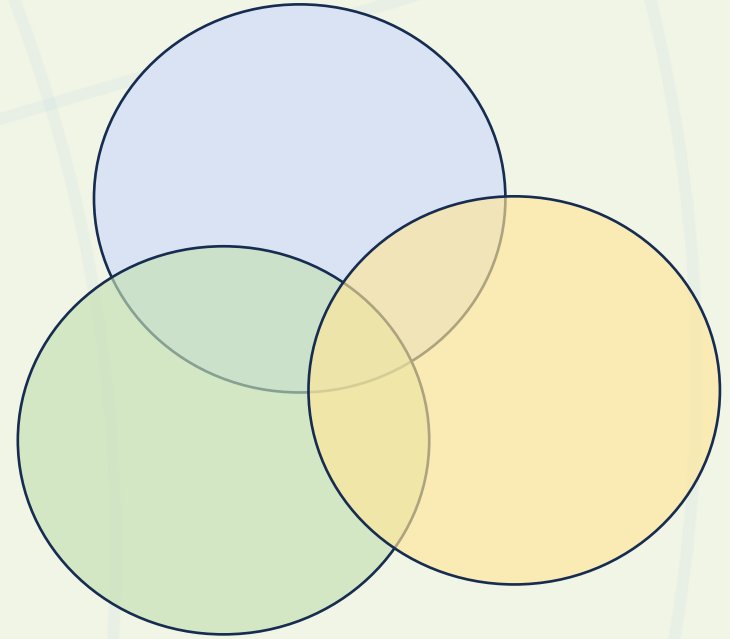
EDINBURGH RACE
RAG 2
1ST - 3RD NOV
P R S



Play

Why come to this seminar?

What questions and desires do you bring concerning this area of life?



Our Natural Habitats

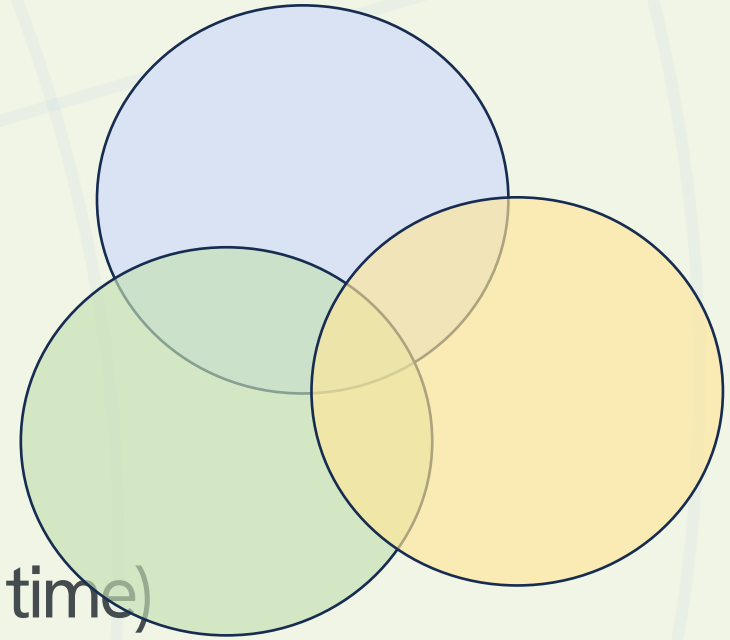
Where we Live

Where we Work

Where we Play

Or more broadly The Third Space (discretionary time)

- where much of life's richness happens,
- And much of discipleship is lived out
- Where relationships deepen, unhurried conversations can take place
- live out the fulness of life
- - MUCH bigger than just "play"



Scripture and the 3rd Space

Christ is, and is to be acknowledged as, Lord of All of Life

And whatever you do in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3:17



Scripture, the 3rd Space and a Warning

"Be careful, or your hearts will be weighed down with carousing, drunkenness and the anxieties of life, and that day will close on you suddenly like a trap

Luke 21:34



A Quiz

For the average UK adult, what percentage of their time (not counting sleep and rest) do they spend

Working ?

Doing Housework ?

Personal care (incl eating) ?

Travelling?

In Free time or socializing?

 In Physical Exercise, or sport?



Photo by [Maksym Tymchyk ua](#)
on [Unsplash](#)

Office for National Statistics, March 2024

% per month (not counting sleep/rest)

Work

28%

Housework

16%

Personal care.

16%

Travel

8%

Free time*, socializing,

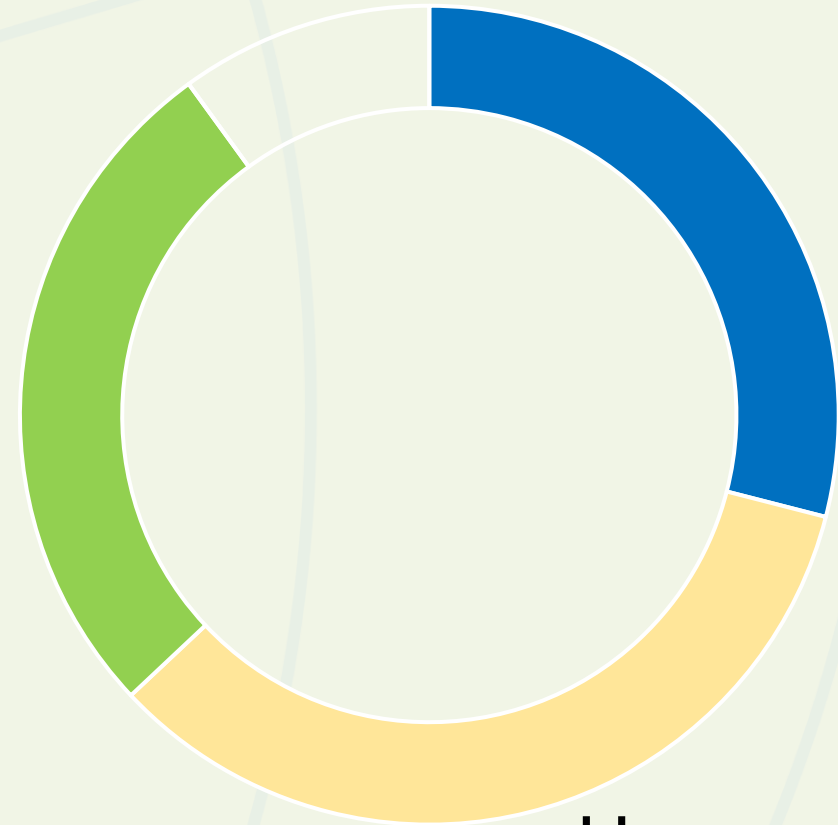
25%

Exercise, sport

2%

3rd
Space

Work / Travel



Home

*67% of free time is spent on a screen

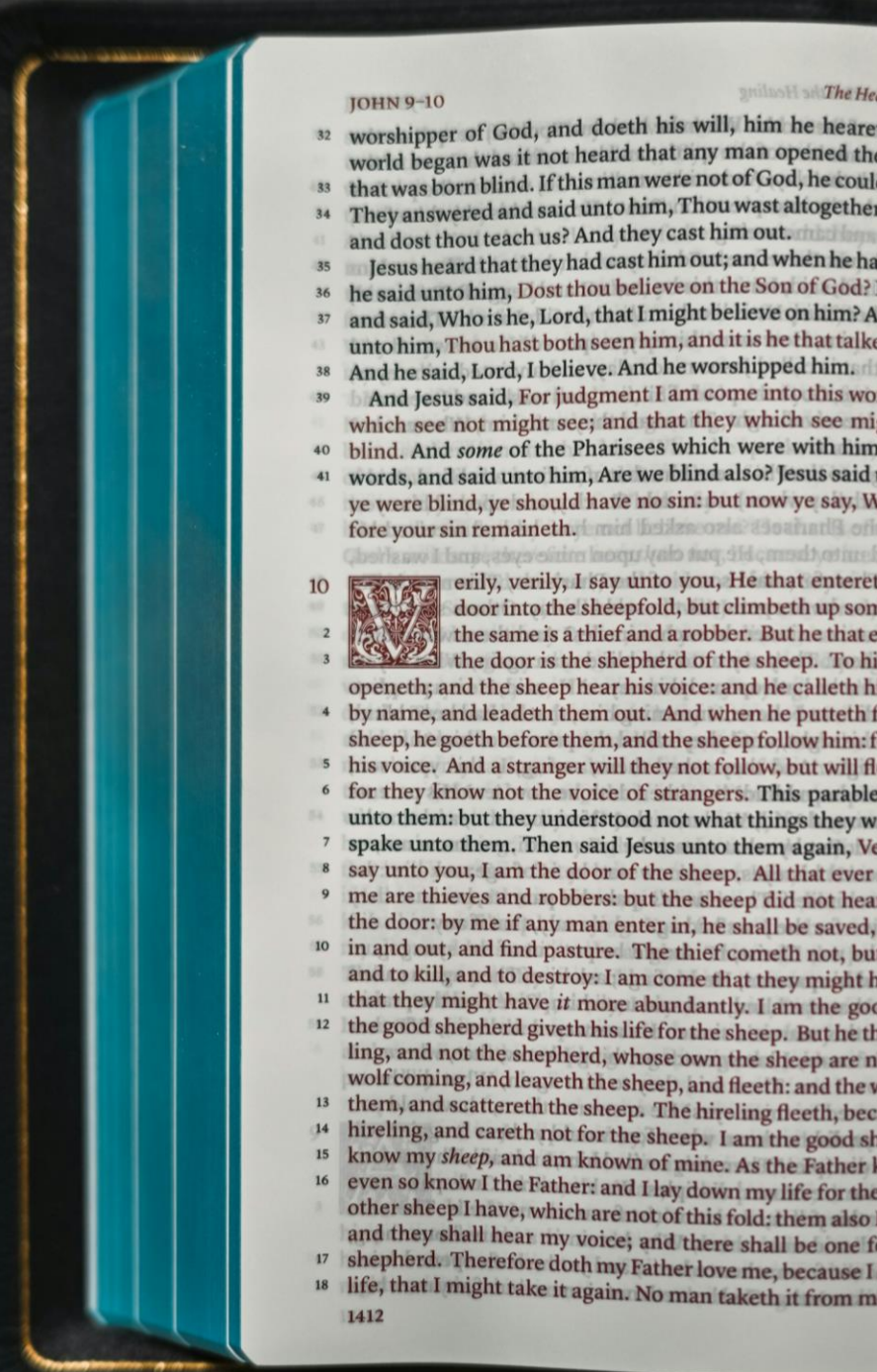


Jesus and the 3rd Space

Where , in the Gospels, do you see Jesus involved in play or other 3rd space activities ?



Photo by [Pastor Matt](#) on [Unsplash](#)



Scripture and the 3rd Space

John came neither eating nor drinking, and they say, 'He has a demon!' The Son of Man came eating and drinking, and they say, 'Look at him, a glutton and a drunk, a friend of tax collectors and sinners!' But wisdom is vindicated by her deeds."

Matthew 11:18,19

For the kingdom of God does not consist of food and drink, but **righteousness, peace, and joy** in the Holy Spirit.

Romans 14:17



Righteousness

- primarily a **relational** word – what connects you to others well?

Peace

- an integrated wholeness to life – Shalom –

Joy

- What helps you experience God's delight in how he made you?
- Celebration



Types of Play / 3rd Space

RE-CREATIONAL (vs A-musement)

RELATIONAL

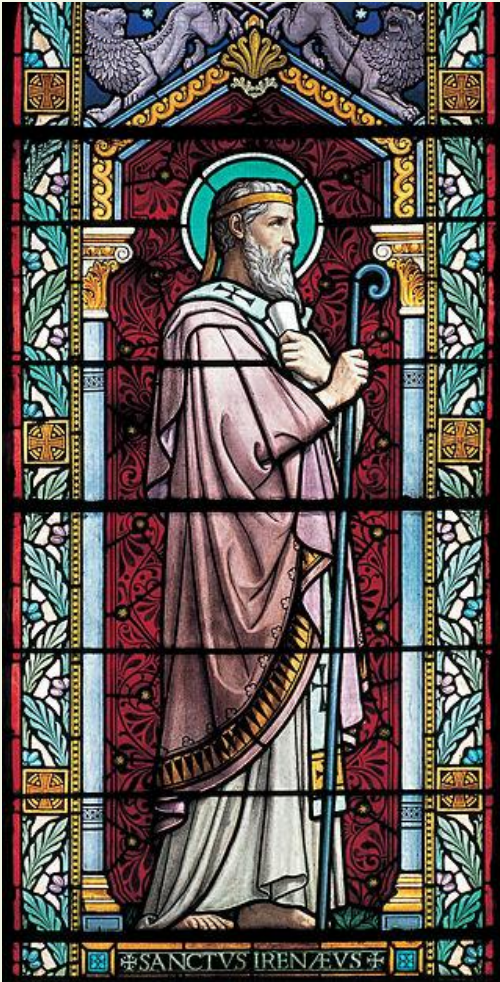
MISSIONAL



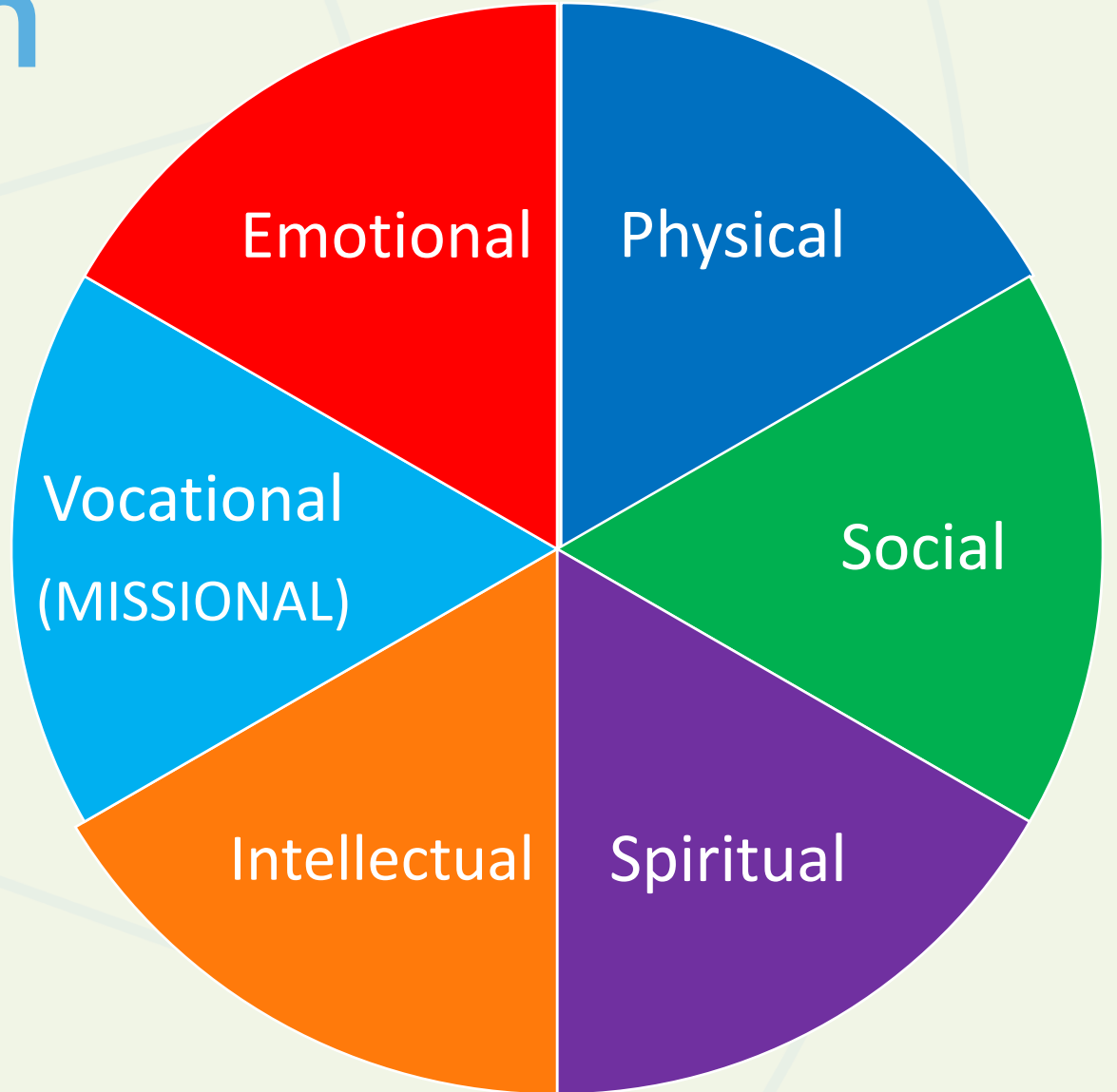
Being Fully Human

The Glory of God is A LIVING man

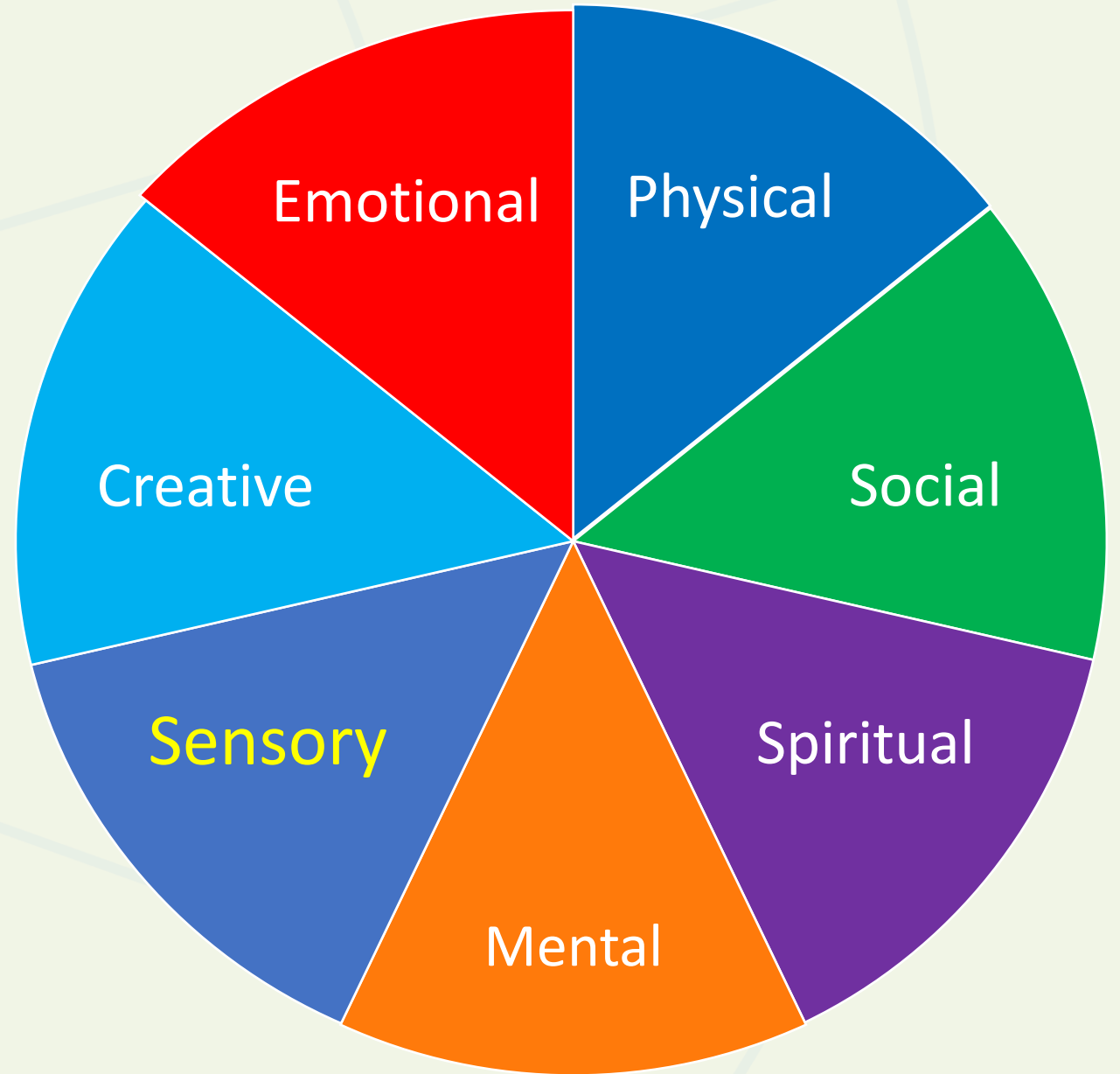
- Irenaeus
Ca 190 AD



Public Domain



7 Types of REST



Look out for material by Sandra Dalton-Smith

<https://www.drdaltonsmith.com>

<https://www.restquiz.com/quiz/rest-quiz-test/>



Digital Play

Constructive vs	Consumptive
recreational	Amusement
Refreshing	Draining
Developmental	Repetitive but Addictive
Could be communal	Isolating
	Lose track of time
	pseudo relationships



Reflect

What might God have been bringing to your attention during this time?

